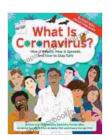
## COVID-19: How It Infects, How It Spreads, and How to Stay Safe

#### What is COVID-19?

COVID-19 is a respiratory disease caused by the SARS-CoV-2 virus. It was first identified in December 2019 in Wuhan, China, and has since spread to over 200 countries and territories.



## What Is Coronavirus?: How It Infects, How It Spreads, and How to Stay Safe by Sabbithry Persad MBA

★★★★ 5 out of 5

Language : English

File size : 74050 KB

Screen Reader: Supported

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Lending : Enabled



#### How does COVID-19 infect people?

COVID-19 is primarily spread through respiratory droplets when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or can be inhaled into the lungs. COVID-19 can also be spread by touching surfaces that have been contaminated with the virus and then touching your mouth, nose, or eyes.

#### What are the symptoms of COVID-19?

The most common symptoms of COVID-19 are:

\* Fever \* Cough \* Shortness of breath or difficulty breathing \* Fatigue \* Muscle or body aches \* Headache \* New loss of taste or smell \* Sore throat \* Congestion or runny nose \* Nausea or vomiting \* Diarrhea

#### How is COVID-19 treated?

There is no specific treatment for COVID-19. Treatment is supportive and may include:

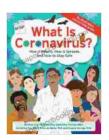
\* Rest \* Fluids \* Over-the-counter pain relievers \* Cough suppressants \* Expectorants \* Oxygen therapy \* Mechanical ventilation

#### How can I stay safe from COVID-19?

There are several things you can do to stay safe from COVID-19, including:

- \* Get vaccinated \* Wear a mask in public places \* Stay home if you are sick
- \* Wash your hands often \* Avoid touching your face \* Clean and disinfect surfaces \* Stay informed about the latest COVID-19 information

COVID-19 is a serious respiratory disease that can be spread through respiratory droplets or by touching contaminated surfaces. The most common symptoms of COVID-19 are fever, cough, and shortness of breath. There is no specific treatment for COVID-19, but treatment is supportive and may include rest, fluids, and over-the-counter pain relievers. There are several things you can do to stay safe from COVID-19, including getting vaccinated, wearing a mask in public places, staying home if you are sick, washing your hands often, avoiding touching your face, cleaning and disinfecting surfaces, and staying informed about the latest COVID-19 information.



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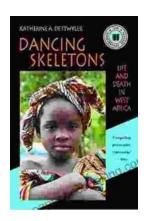
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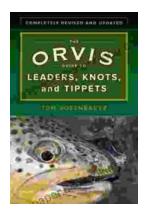
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