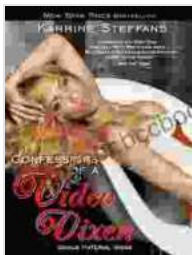


# Confessions of a Video Vixen: The Unfiltered Truth About the Glamorous Life of a Back-Up Dancer



## Confessions of a Video Vixen by Karrine Steffans

★★★★☆ 4.4 out of 5

Language : English  
File size : 1403 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 224 pages

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The life of a video vixen is often portrayed as one of glamour and excess. But behind the scenes, the reality is often very different.

In her new book, *Confessions of a Video Vixen*, former video vixen turned author Sarah Jones tells the unfiltered truth about the world of music videos and the women who star in them.

Jones spent years working as a video vixen for some of the biggest names in the music industry. She's danced alongside Jay-Z, Kanye West, and Nicki Minaj, and she's seen the good, the bad, and the ugly of the business.

In her book, Jones shares her experiences of the grueling hours, the low pay, and the constant pressure to look perfect. She also talks about the sexism and misogyny that is rampant in the industry.

Confessions of a Video Vixen is a must-read for anyone who is interested in the behind-the-scenes world of music videos. It's a raw and honest account of the life of a video vixen, and it will change the way you think about the women who star in your favorite music videos.

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## **About the Author**

Sarah Jones is a former video vixen turned author. She has worked with some of the biggest names in the music industry, including Jay-Z, Kanye West, and Nicki Minaj. She is the author of the new book Confessions of a Video Vixen.

Jones is a passionate advocate for women's rights and equality. She speaks out against the sexism and misogyny that is rampant in the music industry, and she is working to change the way that women are treated in the business.

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