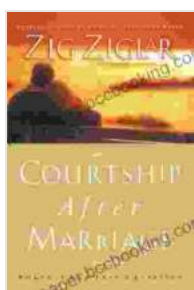


Courtship After Marriage: Romance Can Last a Lifetime

In today's fast-paced world, it's easy to let the romance in our marriages fall by the wayside. We get caught up in our busy schedules, our careers, and our families, and we forget to nurture the most important relationship in our lives.



Courtship After Marriage: Romance Can Last a Lifetime

by Zig Ziglar

★★★★☆ 4.5 out of 5

Language : English

File size : 772 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 244 pages



But it doesn't have to be that way. It is possible to keep the romance alive in your marriage, even after you've been together for years.

In her groundbreaking book, *Courtship After Marriage*, relationship expert Dr. Julie Gottman shares her secrets for creating a marriage that is full of love, passion, and excitement.

Dr. Gottman's research has shown that the key to a lasting marriage is to focus on the little things.

It's not the grand gestures that matter, like buying your spouse a diamond necklace or taking them on a tropical vacation. It's the small, everyday acts of kindness and affection that make a big difference.

In *Courtship After Marriage*, Dr. Gottman shares 12 simple habits that you can start practicing today to improve your relationship:

1. **Make time for each other.** This doesn't mean you have to spend hours together every day. Even just a few minutes of quality time can make a big difference.
2. **Communicate effectively.** This means being able to talk to each other openly and honestly about your feelings, needs, and wants.
3. **Show appreciation for each other.** Let your spouse know how much you love and appreciate them, both big and small.
4. **Be supportive.** Be there for your spouse through thick and thin. Let them know that you're always on their side.
5. **Be affectionate.** Touch, cuddle, and kiss your spouse regularly. Physical affection is a powerful way to express your love and bond with each other.
6. **Be playful.** Have fun together. Laugh, joke, and enjoy each other's company.
7. **Be forgiving.** Everyone makes mistakes. Forgive your spouse when they hurt you, and move on.
8. **Be committed.** Be willing to work on your marriage through the good times and the bad.

9. **Be realistic.** Marriage isn't always easy. There will be ups and downs. But if you're committed to each other, you can overcome any challenge.
10. **Be patient.** Marriage takes time. It takes time to build a strong foundation, and it takes time to develop the habits that will help your marriage last a lifetime.
11. **Be hopeful.** Believe in your marriage. Believe that it can last a lifetime. And never give up on it.
12. **Seek help if needed.** If you're struggling to keep the romance alive in your marriage, don't be afraid to seek help from a marriage counselor.

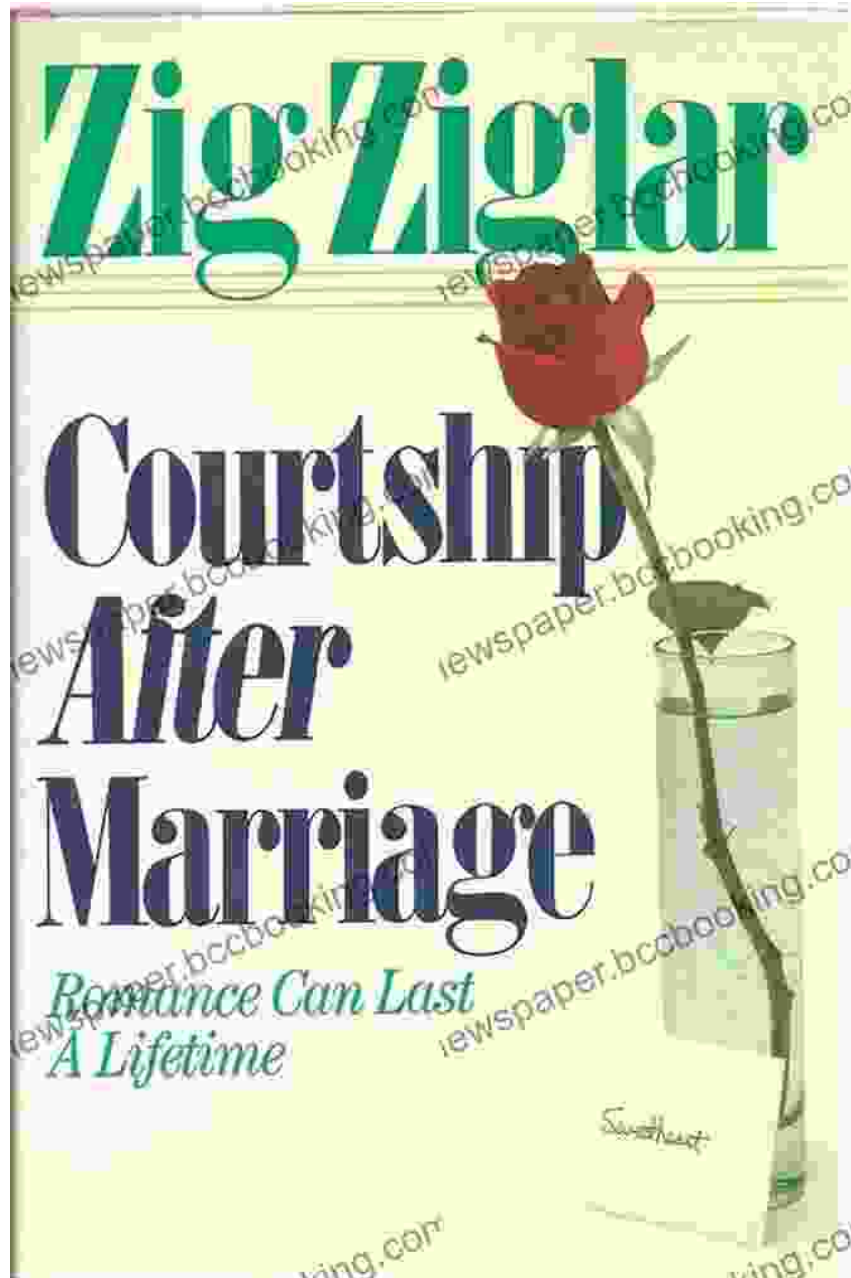
Courtship After Marriage is an essential guide for any couple who wants to create a marriage that is full of love, passion, and excitement.

With Dr. Gottman's expert advice, you can learn how to:

- Prioritize your relationship
- Communicate effectively
- Create a lifetime of love

If you're ready to take your marriage to the next level, *Courtship After Marriage* is the book for you.

Free Download your copy today and start experiencing the transformative power of courtship after marriage.



About Dr. Julie Gottman

Dr. Julie Gottman is a world-renowned relationship expert and the co-founder of The Gottman Institute, a research and clinical center focused on improving relationships. She is the author of several bestselling books on marriage and relationships, including *The Seven Principles for Making Marriage Work* and *Raising an Emotionally Intelligent Child*.

Dr. Gottman's research has been featured in major media outlets such as The New York Times, The Washington Post, and The Today Show. She has also appeared on Oprah, Good Morning America, and The Dr. Oz Show.

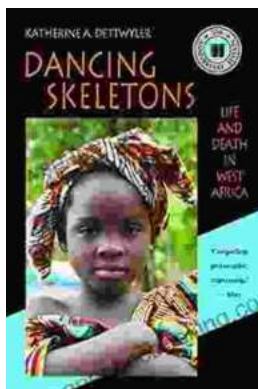


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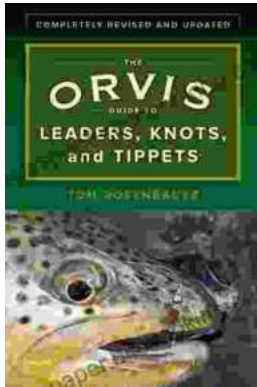
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