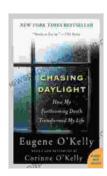
## How My Forthcoming Death Transformed My Life: An Excerpt

I was diagnosed with a terminal illness in 2015. The news hit me like a ton of bricks. I was only 40 years old, and I had so much left to live for. I had a wife and two young children, a successful career, and a passion for writing and speaking.



#### **Chasing Daylight: How My Forthcoming Death**

Transformed My Life by Pamela S. Murray

★ ★ ★ ★ ★ 4.5 out of 5 Language : English File size : 1390 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled X-Ray : Enabled Word Wise : Enabled Print length : 193 pages



In the days and weeks that followed my diagnosis, I went through a lot of different emotions. I was angry, scared, and depressed. I couldn't believe that my life was going to end so soon. I had so many plans and dreams that I wanted to fulfill.

But as time went on, I started to come to terms with my mortality. I realized that I couldn't control how long I had left, but I could control how I lived the

rest of my days. I decided that I wanted to live my life with purpose and meaning. I wanted to make the most of every moment I had left.

I started by spending more time with my family and friends. I told them how much I loved them and how grateful I was for their support. I also started to pursue my passions with more vigor. I wrote more, I spoke more, and I traveled more.

I also started to think more about what I wanted to leave behind. I wanted to write a book that would help others who are facing a terminal illness. I wanted to share my story of hope and acceptance.

Writing this book has been a cathartic experience for me. It has helped me to process my own emotions and to come to a place of peace. I hope that my story will inspire others to live their lives with purpose and meaning, regardless of their circumstances.

My forthcoming death has transformed my life in many ways. It has made me more grateful for every moment I have. It has made me more compassionate towards others. And it has given me a new sense of purpose. I am determined to live the rest of my days with intention and to make a positive impact on the world.

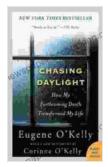
I am not afraid of death. I know that it is a natural part of life. But I am also not ready to die. I still have so much to live for. I want to see my children grow up. I want to continue to write and speak. I want to make a difference in the world.

I don't know how much time I have left. But I am determined to make the most of every moment. I am going to live my life with purpose and

meaning. I am going to make a positive impact on the world. And I am going to face my death with courage and grace.

**Derek Beres** is an author, speaker, and podcaster. He is the author of the book 'How My Forthcoming Death Transformed My Life.'

Visit Derek's website



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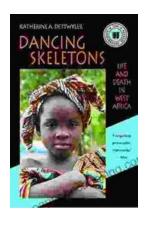
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