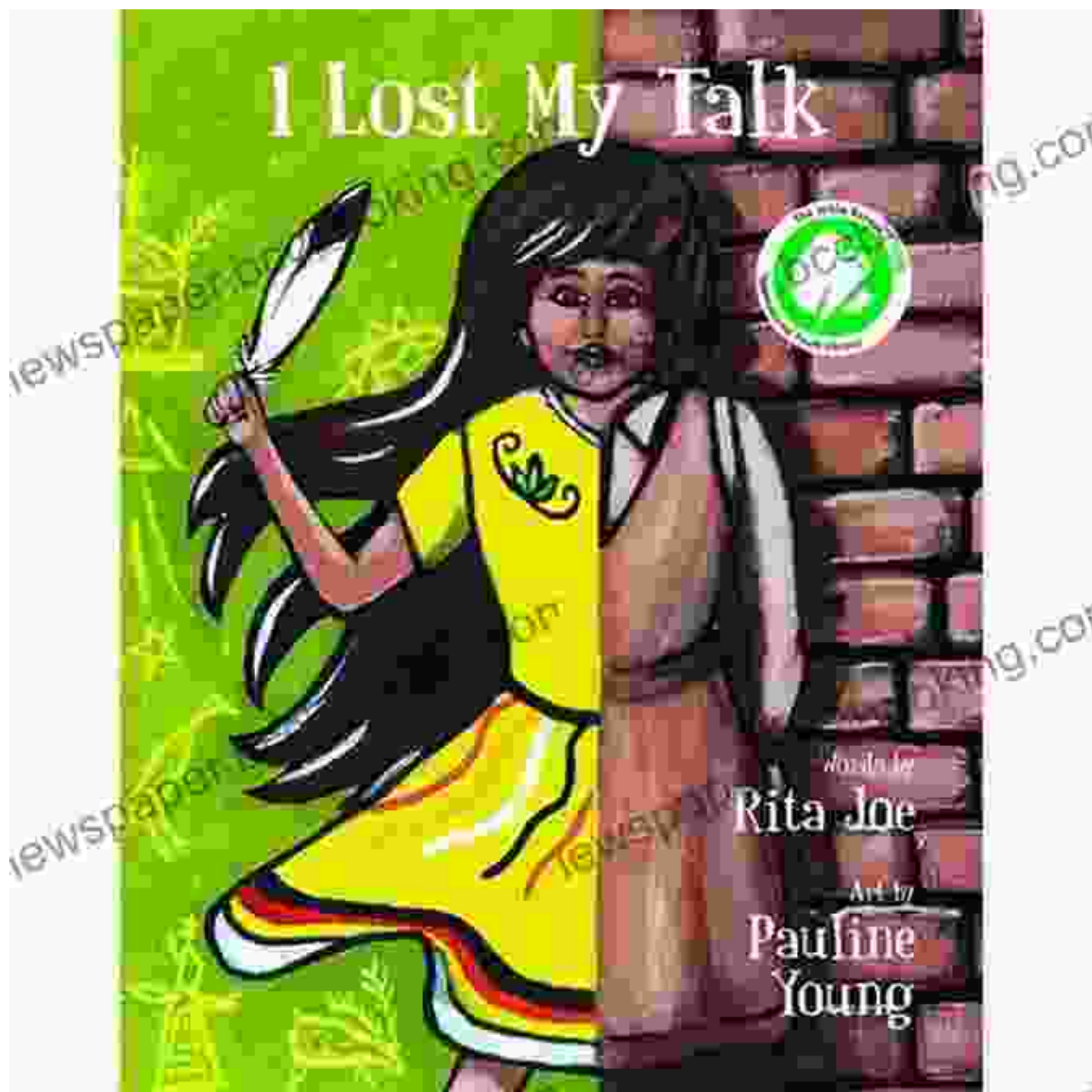


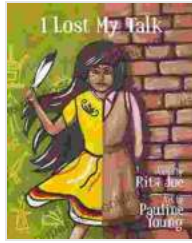
Lost My Talk: A Journey of Discovery and Resilience

By Julie Mathison



I Lost My Talk by Julie Mathison

★★★★☆ 4.9 out of 5



Language : English
File size : 9342 KB
Lending : Enabled
Print length : 32 pages
Screen Reader : Supported

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Julie Mathison's *Lost My Talk* is a deeply personal and inspiring memoir about her journey of losing and regaining her voice. This beautifully written book is a must-read for anyone who has ever struggled with loss, resilience, or the power of the human spirit.

In 2008, Julie Mathison was diagnosed with a rare neurological disorder that left her unable to speak. Overnight, she lost her voice, her job, and her sense of self. *Lost My Talk* is the story of her journey to rebuild her life after this devastating loss.

With honesty and humor, Julie shares the challenges she faced as she struggled to communicate, to find work, and to connect with others. She writes about the dark times, the moments of doubt, and the unexpected moments of joy that helped her to keep going.

Lost My Talk is more than just a memoir about losing and regaining one's voice. It is a story about the power of resilience, the importance of community, and the indomitable spirit of the human soul.

Julie Mathison's *Lost My Talk* is a truly inspiring book. It is a reminder that no matter what challenges we face, we can always find strength and hope.

Reviews

"Lost My Talk is a beautifully written and deeply moving memoir. Julie Mathison's journey is one of courage, resilience, and hope. Her story will inspire anyone who has ever faced adversity."

- Ann Hood, author of *The Knitting Circle*

"Lost My Talk is a powerful and important book. Julie Mathison's story is a reminder that we are all capable of overcoming even the most difficult challenges."

- Elizabeth Gilbert, author of *Big Magic*

About the Author

Julie Mathison is a writer, speaker, and advocate for people with disabilities. She is the author of the memoir *Lost My Talk* and the co-author of the children's book *I Can't Talk*. Julie has been featured in *The New York Times*, *The Washington Post*, and NPR. She lives in New York City with her husband and two children.

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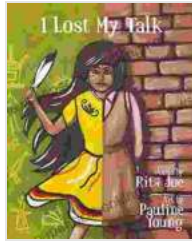
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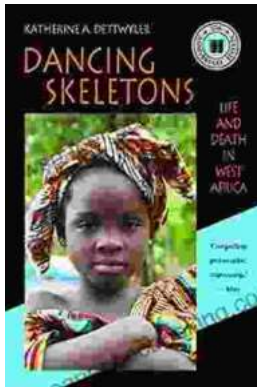
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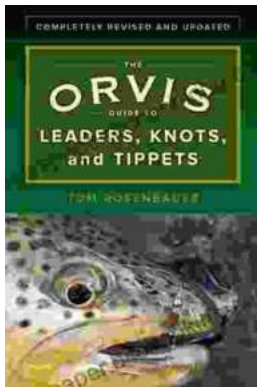
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